



# Spring Lunch 'N Learn Series:

## Power Moves for Parents to Help Their Kids Crush Their Homework

### Power Move #4: Pivot

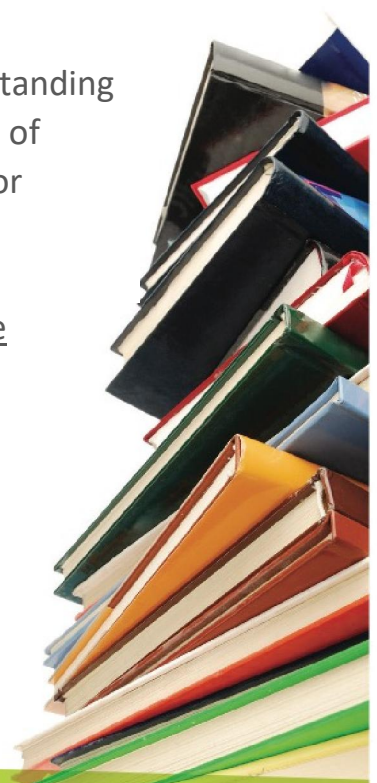
The homework is going to get finished, but you may need to pivot the way you are doing things.

- 1) When things get heated, pivot by **taking a break and focusing on something else** for 5 to 10 minutes. It could be another subject or something fun and then go back to the task at hand.
- 2) If you are feeling frustrated because your child is not understanding a concept, pivot the way you are **explaining** the concept. Think of ways that you can explain something by using visual, auditory or kinesthetic instructions.

How can you tell if you are bringing your own “baggage” to the homework table?

- You are thinking “why can’t they get this, it’s so easy?”
- You say to yourself “when I was in their grade I did so well in Math/Reading/Science, what’s wrong with them?”

It’s important to realize that they have their own knowledge and learning style and you can help them succeed!



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